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# Pressure Cooker Cookbook: 370 Quick, Easy, And Healthy Pressure Cooker Recipes For Amazingly Tasty And Nourishing Meals (Pressure Cooker, Electric Pressure Cooker Cookbook)

## PRESSURE COOKER COOKBOOK

4 IN 1 BOX SET

370 QUICK, EASY, AND HEALTHY PRESSURE  
COOKER RECIPES FOR AMAZINGLY TASTY AND  
NOURISHING MEALS



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## Synopsis

FREE BONUS INSIDE! Subscribe to my newsletter and receive 4 amazing eBooks on the Paleo diet, clean eating, raw food, and smoothie recipes as a welcome gift! Get the ultimate guide to stove top and electric pressure cookers complete with hundreds of recipes! Are you tired of always trying to come up with healthy, tasty meals for your family? Are you in a kitchen rut where you just recycle the same recipes over and over again? Maybe you're so busy, you don't even have time for home-cooking, and have resorted to take-out and frozen food. Whatever the reason, has cooking just become another dreaded chore? If this describes you, then you need the "Pressure Cooker Cookbook-4 in 1 Box Set: 370 Quick, Easy, and Amazingly Tasty Recipes for Stove Top and Electric Pressure Cookers". Pressure cooking is not only the fastest way to prepare food, it is also the method that preserves the most nutrition. It's so rare to find the best of both worlds, but a pressure cooker - either stove top or electric - is the one kitchen tool I can't imagine living without. This box set provides you with everything you would ever need to know about stove top and electric pressure cookers, including: The fascinating and centuries-long timeline of pressure cooking Why pressure cooking is the best cooking method The difference between stove top and electric pressure cookers How to safely use both stove top and electric cookers This box set is much more than just an informational guide, however. The main body of the set are the four-book's worth of recipes for both stove top and electric pressure cookers. Breakfast, lunch, dinner, dessert, and snacks are thoroughly covered, so it will take a long time before you run out of ideas! All the recipes are designed to be as fast and simple as possible, so whether it's a big batch of hard-boiled eggs or a gourmet holiday dinner, just about anyone with a few cooking skills can pull off any dish. The recipes also include cooking tips and definitions, so if you do come across something you're not sure about, odds are it's explained right there in the recipe. When you open up the box set, you can expect recipes like: A wide variety of oatmeals, such as strawberry oats, mango & cream, breakfast quinoa, and so on Rich and hearty soups like spicy chicken, tomato bisque, and creamy cauliflower Unique meat dishes such as Chinese Cola chicken wings, peanut butter sesame short ribs, and sour-cherry duck Savory seafood like poached salmon with sour cream, mussels, and chowder Mind-blowing desserts like chocolate cheesecake and wine-stewed fruit Every kind of side dish and snack, from veggies to rice to dips Don't slave away over a stove or put off cooking meals at home any longer. Cooking can be fun and easy again, without sacrificing nutrition or flavor!

## Book Information

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## Customer Reviews

What I liked about this book is the fact that it introduces a product which is the pressure cooker as well as giving the readers variety of recipes that can be cooked using it. Is it enough to say that our body needs healthy food, I think it isn't. Pressure cooker unlike deep frying and steaming lets the natural vitamins of foods remain instead of diminishing them. This is one of the great things when using pressure cooker. This book offers a lot of nutritious recipes inside, I am really loving it.

Helpful cookbook with very affordable price. I already grabbed the opportunity because it is 4 in 1 box set. I like this cook book because it has 370 quick, easy and healthy pressure cooker recipes. It is also composed of wide variety of choices. The direction are easy to follow. I like what the author did because each recipe has a nutrient info per servings, if you are health conscious it is very helpful. I also like the time conversion charts.

I love this book. Without any doubt, this is my favorite pressure cooker book that I own. The beginning gives instructions on how to use the cooker, how to clean it, and describes its features. Every recipe I have tried has turned out delicious. The book provides total cooking time, which is

helpful. I'm looking forward to trying some of the recipes out soon. This book is highly recommend and hope you will enjoy it.

Love this box set. Lucky I could grab it!The biggest benefit of this is that there are numerous, many, recipes and all in one place.Additionally, I can certainly benefit from the other tips and information given in each of the books about pressure cooking or the cooker itself. Each book has something new or different to offer.

Being busy and preoccupied these days lessens our time to prepare home cooked meals that are much more healthier and nutritious. What we often prepare are the ones we used to cook due to a lack of time to venture out other kinds of recipes. This book offers a whole lot more than just saving time in making the food. It also includes discussions mainly on the benefits of pressure cooking up to how one cleans the pressure cooker. With 370 recipes to choose from, I doubt you will come short of ideas to think when preparing meals.

This is a very helpful guide. It's well written and easy to understand. There are given many varieties of dishes recipes.This book manifested various recipes full of taste very nourishing that has been given in full detailed way which are easy to understand. The discussions on the difference between stove top and electric pressure cookers as well as the one on how to safely use both stove top and electric cookers are both helpful and useful. Overall, this book is an excellent book.I highly recommended.

This book is amazing. Both my wife and I are relishing this book. We purchased it and to our surprise, we were instantly able to download it to my Kindle and my Computer for free. So while we are waiting for our awesome cookbook to come in the mail, we were able to use it right then by opening our Kindle or our computer . When we did so , we were delighted to find everything and more that we had hoped to find inside. The recipes are abundant and varied which supplies the variety we had anticipated when we ordered it. I highly suggest this book.

This book provides readers with 100 easy, convenient pressure-cooker dishes for every meal of the day. The earlier chapters help break down some of the science of pressure cooking, as well as how to choose the right pressure cooker and how to use one. By the time you have finished this book, you will be more than ready to cook your first pressure cooker meal, whether it is a hearty

vegetarian chili, sweet breakfast quinoa, or a game day-ready turkey meatballs.

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